



MAYFLOWER

Inn & Spa

MAYFLOWER INN & SPA SUNDAY BRUNCH MENU

FOR THE TABLE

Breakfast Breads

Croissant, pain au chocolate, coffee cake, scone

11

Fresh Fruit *

Cantaloupe, strawberries, honeydew, berries

11

Banana Fritters

Champagne mango sauce, crème fraiche

11

FIRST COURSE

Roasted Pecan & Butternut Squash Soup

Goat cheese, pecan puree, roasted grapes, pecan, apple

13

Caesar Salad

Baby romaine, trevisano, white anchovies, parmesan, capers, brioche crouton

15

Santa Barbara Smoke House Smoked Salmon

Grilled flatbread, dill crème fraiche, red onion, tomato, cornichons, hard boiled quail egg

17

Heirloom Tomatoes

Buffalo mozzarella, panzanella, cannellini crema, pesto, 25 year balsamic

18

Mayflower Inn & Spa's Bibb Salad *

Maytag bleu cheese, crispy shallots, tomato, truffle vinaigrette

16

Spa inspired *

State of Connecticut regulation section 19-13-B42

Cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of food borne illness



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SECOND COURSE

House Pilgrim Brioche "French Toast Style"

Cinnamon butter, No. 1 tonic bourbon maple syrup, orange segments

13

Vanilla Bean & Ricotta Pancakes

Apple butter, micro mint, caramelized walnuts, apple

13

Brown Butter Scrambled Eggs

Johnston County Smokehouse ham, mustard greens, cheddar bacon chive biscuit

20

Mayflower Eggs Benedict

Nodine's ham, house made whole wheat English muffin, béarnaise sauce

17

Farm Egg Omelet

Spinach, fine herbs, wild mushrooms, New England goat cheese, tomato relish, mixed greens

16

Garganelli Pasta

Cannellini beans, frontoia olive oil, bread crumbs, oregano, wild mushrooms, parmesan reggiano

21

Greyledge Farms Black Angus Burger – Roxbury, CT

Petite basque cheese, garlic aioli, paquillo pepper relish, house made bun,
hand cut parmesan & rosemary fries

21

48 Hour Brisket Sandwich

Grilled pumpernickel bread., bacon date chutney, pickled red onion, Beamster cheese

22

Brined Atlantic Salmon

Whole grain mustard sauce, wild rice, roasted cauliflower

22

Sides

Nodine's applewood smoked bacon

Mayflower breakfast potatoes

Local pork & apple sausage

Sautéed spinach & lemon zest

Nodine's country cured ham

8