

Beverages

Lavazza Arabica Coffee	6
Forte Tea Selection	6
Valhroma Dark Hot Chocolate	8
Hand Squeezed Juices	8
Ruby Red Grapefruit	
Florida Orange	
Italian Blood Orange	

Basket of Mayflower Pastries with Select Preserves	12
Ruby Red Grapefruit	8
Seasonal Fruit Selection	11

House Made Granola with Dried Fruit Quinoa, Artisanal Greek Yogurt	12
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Organic Hot Meusli Cereal * Preserved Blueberries & Strawberries Steamed Milk, Orange Blossom Honey	13
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John Mc Cann's Irish Oatmeal * Fruit, Raw Cane Sugar, Cinnamon	12
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Cereals	8
Raisin Bran	
Corn Flakes	
Special K	

Spa Inspired *	
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State of Connecticut regulation section 19-13-B42

"Thoroughly cooking meats, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness"

Housemade Beef Brisket Hash & Poached Eggs	17
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Caramelized Onion, Roasted Paquillo Peppers
Espelette Aioli

Smoked Salmon & Sturgeon	17
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Caper, Tomato, Red Onion, Lemon Zest
Dill Creme Fraiche, Bagel

Egg White Omelet *	15
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Spinach, Fine Herbs, Wild Mushrooms
New England Goat Cheese, Mixed Greens

Banana & Nutella Pancake	12
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Toasted Hazelnut, Whipped Creme Fraiche

Brioche French Toast	12
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Orange Butter, Pistachios, Pomegranites

New England Farm Eggs As You Like Them	17
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Thick Cut Smoked Bacon, Mixed Greens
Mayflower Potatoes and Toast

Florentine Eggs *	20
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La Quercia Proscuitto, Baby Spinach
Grilled Sourdough Bread, Scrambled Eggs
Truffled Mascarpone

Sides	8
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Thick Cut Smoked Bacon
Housemade Beef Brisket Hash
Mayflower Inn Breakfast Potatoes
Pork & Apple Sausage
Baby Spinach & Lemon Zest